

# Influence of Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> fat emulsion on postoperative nutritional status and early inflammatory response in patients with gastrointestinal malignancies

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# OBJECTIVE

To investigate the effect of Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> on postoperative nutritional status and early inflammatory response in patients with gastrointestinal malignancies.

# RESULTS

On postoperative day 1, prealbumin and retinol binding protein were significantly lower as compared to preoperative levels for patients in both groups.

These parameters were significantly (P<0.05) elevated on postoperative day 6 and a normal nitrogen balance had been reached. On postoperative day 6, CRP was significantly lower in both groups as compared to postoperative day 3 (P<0.05), and the decreasing trend in the Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> group was more significant (P<0.05) than in the Lipofundin<sup>®</sup> group.

There was a significant increase in LTB5/LTB4 as compared to postoperative day 1 (P<0.05) in the Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> group, however the increase was not statistically significant in the Lipofundin<sup>®</sup> group (P>0.05). In the Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> group, the postoperative infection incidence rate [3.1 % (1/32) compared to 9.4 % (3/32), P=0.61] and the SIRS incidence rate [6.3 % (2/32)

compared to 15.6 % (5/32), P=0.21] were lower than in the Lipofundin<sup>®</sup> group. The APACHE II score was higher in the Lipoplus<sup>®</sup>/ Lipidem<sup>®</sup> group but the difference was not statistically significant (3.6+/-2.0 vs. 3.3+/-2.1, P=0.43).

The length of hospital stay was significantly shorter in the Lipoplus<sup>®</sup>/ Lipidem<sup>®</sup> group [6.4+/-1.1) d vs. (8.2+/-1.3) d, P<0.03].

# Reduced hospital lenght of stay with Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> (P=0.03)



## CONCLUSION

Lipoplus<sup>®</sup>/Lipidem<sup>®</sup> fat emulsion can significantly improve the postoperative nutritional status and lower postoperative inflammatory response in patients with gastrointestinal malignancies.

# Literature

### Lipoplus® 200 mg/ml emulsion for infusion

COMPOSITION 1000 ml of emulsion contains:

Medium-chain triglycerides Soya-bean oil, refined Omega-3-acid triglycerides Content of triglycerides Content of essential fatty acids

Linoleic acid (omega-6) Alpha-linolenic acid (omega-3) Eicosapentaenoic acid and docosahexaenoic acid (omega-3)

100.0 g 80.0 g 20.0 g 200 mg/ml (20%) 38.4-46.4 g/l 4.0-8.8 g/l 8.6-17.2 g/l

Excipient with known effect: 1000 ml emulsion contains 2.6 mmol sodium (as sodium hydroxide and sodium oleate).

Excipients:

Egg phospholipids for injection, glycerol, sodium oleate, ascorbyl palmitate, all-rac- $\alpha$ -Tocopherol, sodium hydroxide (for pH adjustment), water for injections.

#### THERAPEUTIC INDICATIONS

Supply of energy, including a readily utilisable lipid component (medium-chain triglycerides) and essential omega-6 fatty acids and omega-3 fatty acids, as part of parenteral nutrition when oral or enteral nutritior is impossible, insufficient or contraindicated. Lipoplus® is indicated in adults, preterm and term neonates, infants and toddlers, children and adolescents,

#### CONTRAINDICATIONS

CONTRAINDICATIONS Hypersensitivity to the active substances, to egg, fish, peanut or soya protein or to any of the excipients. Severe hyperlipidaemia characterised by hypertriglyceridaemia (≥ 1000 mg/dl or 11.4 mmol/l); severe coagulopathy; intrahepatic cholestasis; severe hepatic insufficiency; severe renal insufficiency in absence of renal replacement therapy; acute thromboembolic events; fat embolism; acidosis. General contraindications to parenteral nutrition include unstable circulatory status with vital threat (states of collapse and shock); acute phases of cardiac infarction or stroke; unstable metabolic conditions (e.g. decompensated diabetes mellitus, severe sepsis, coma of unknown origin); inadequate cellular oxygen cardiac insufficiency.

UNDESIRABLE EFFECTS The following listing includes a number of systemic adverse reactions that may be associated with the use of Lipoplus®. Under the conditions of correct use, in terms of dosing, monitoring, observation of safety restrictions and instructions, most of them are very rare (<1/10 000).

Undesirable effects are listed according to their frequencies as follows:

Not known: (cannot be estimated from the available data)

Blood and lymphatic system disorders Very rare: Hypercoagulation Not known: Leucopenia, thrombocytopenia

Immune system disorders Very rare: Allergic reactions (e.g. anaphylactic reactions, dermal eruptions, laryngeal, oral and facial oedema)

Metabolism and nutrition disorders Very rare: Hyperlipidaemia, metabolic acidosis. The frequency of these adverse reactions is dosedependent and may be higher under conditions of absolute or relative overdose Very rare: Hyperglycaemia

## Lipofundin® MCT/LCT\*

#### COMPOSITION

1	000 mi emuision contain	MCT/LCT 10%	MCT/LCT 20%
Ν	oybean oil Iediumchain Triglycerides	50.0 g 50.0 g	100.0 g 100.0 g
	ilycerol qq yolk phospholipids*	25.0 g 8.0 g	25.0 g 12.0 g
S	odium Óleate, α-Ťocopherol*, Wat	er for injections	5
	aloric Value (kcal):	1022	1908
	heor. osmolarity (mOsmo/L):	345	380
р	H:	6.5-8.8	6.5-8.5

\* The amount of egg yolk phospholipids and  $\alpha$ -tocopherol can vary is some countries. Please refer to the country representative. Soybean oil is a refined natural product containing neutral triglycerides of predominantly unsaturated fatty acids. Medium-chain triglycerides are a mixture of neutral triglycerides of mainly caprylic (about 60 %) and capric acid (about 40 %).

### INDICATIONS

Parenteral Nutrition.

#### CONTRAINDICATIONS

The administration of Lipofundin® MCT/LCT is contraindicated in patients demonstrating disturbances in normal fat metabolism such as pathologic hyperlipaemia, lipoid nephrosis, or acute pancreatitis if accompanied by hyperlipaemia. It is further contraindicated in patients with ketoacidosis or hypoxia, in thromboembolism and in acute shock states.

#### PRECAUTIONS FOR USE

Caution should be exercised in administering intravenous fat emulsions in patients with metabolic aci-dosis, severe liver damage, pulmonary disease, sepsis, diseases of the reticuloendothelial system, anaemia or blood coagulation discorders or when there is danger of fat embolism. Administration of Lipofundin® MCT/LCT should be accompanied by simultaneous carbohydrate infusions making up to 40% (at least) of

Nervous system disorders Very rare: Headache, drowsiness

Vascular disorders Very rare: Hypertension or hypotension, flush Respiratory, thoracic and mediastinal disorders Very rare: Dyspnoea, cyanosis Gastrointestinal disorders Very rare: Nausea, vomiting, loss of appetite Skin and subcutaneous tissue disorders Very rare: Erythema, sweating

Hepatobiliary disorders Not known: Cholestasis

Musculoskeletal and connective tissue disorders Rare: Back, bones, chest and lumbar region pain

General disorders and administration site conditions Very rare: Elevated body temperature, feeling cold, chills, fat overload syndrome (see below)

Should adverse reactions occur, the infusion must be stopped.

Should the triglyceride level rise to above 11.4 mmol/l (1000 mg/dl) during infusion, the infusion must be stopped. With levels above 4.6 mmol/l (400 mg/dl), the infusion may be continued at a reduced dosage. If the infusion is restarted, the patient should be carefully monitored, especially at the beginning, and serum triglycerides should be determined at short intervals.

### Information on particular undesirable effects

Nausea, vomiting and lack of appetite are symptoms often related to conditions for which parenteral nutrition is indicated, and may be associated with parenteral nutrition at the same time.

Eat overload syndrome Impaired capacity to eliminate triglycerides can lead to "fat overload syndrome" which may be caused by overdose. Possible signs of metabolic overload must be observed. The cause may be genetic (individually different metabolism) or the fat metabolism may be affected by ongoing or previous diseases. This syndrome may also appear during severe hypertriglyceridaemia, even at the recommended infusion rate, and in association with a sudden change in the patient's clinical condition, such as renal function impair-ment or infection. The fat overload syndrome is characterised by hyperlipidaemia, fever, fat infiltration, hepatomegaly with or without icterus, splenomegaly, anaemia, leucopenia, thrombocytopenia, coagulation disorder, haemolysis and reticulocytosis, abnormal liver function tests and coma. The symptoms are usu-ally reversible if the infusion of the fat emulsion is discontinued. Should signs of a fat overload syndrome occur, the infusion of Lipoplus® must be discontinued immediately.

## WARNINGS

Keep out of the sight and reach of children. For single use only. Any unused emulsion should be discarded.

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the total calorie intake. When Lipofundin® MCT/LCT is administered, the patient's capacity to eliminate the infused fat from the circulation must be monitored. The lipaemia must clear between daily infusions. Especially where fat emulsions are administered for extended periods of time, the patient's haemogram, blood coagulation, liver function and platelet count should be closely monitored.Paediatric patients: studies have shown the safety and effectiveness of Lipofundin® MCT/LCT as part of total Parenteral Nutrition in neonates and older children.

Lipofundin® MCT/LCT has been aproved for usage in this patient population in some countries. Registra-tion procedures are currently pursued in other countries. As long as approval has not been obtained in a specific country it is up to the judgement of the responsible physician whether or not to use Lipofundin® MCT/LCT in this patient group.

Use in pregnancy and lactation The safety of Lipofundin<sup>®</sup> MCT/LCT during pregnancy and lactation has not been assessed, but its use during these periods is not considered to constitute a hazard. Nevertheless, medicines should not be used in pregnancy, especially during the first trimester, unless the expected benefit is thought to outweigh any possible risk to the foetus.

#### SPECIAL WARNINGS

Trector working of fat emulsions can cause fluid and/or fat overloading resulting in dilution of se-rum electrolyte concentrations, overhydration, congested states, pulmonary oedema, impaired pulmonar diffusion capacity. A too rapid infusion of Lipofundin® MCT/LCT can also cause hyperketonaemia and/or metabolic acidosis, especially when carbohydrates are not administered simultaneously. naired pulmonary

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